Dear Parents,

Welcome back! I hope everyone had a happy and healthy holiday. I would like to extend a very special welcome to new students to the school, including our new Kindergarten and Pre School students.

I would like to take this opportunity to encourage the parents and community members to become actively involved in the school life. Your contributions are all welcome, and can range from helping in classrooms through to becoming involved in school organizations such as the P&C and breakfast club. Your contributions are all welcome.

2015 CLASSES

At the moment we have 15 classes. We are hoping that there won’t be too many changes to the classes, however there is always some mobility with families moving in and out of the area at the beginning of the year and some adjustments may need to be made in the next few weeks. Parents will be informed if changes to the class structures occurs. The classes at the moment are as follows:

Pre School: Mrs Peoples & Mrs Venzlauskas.

Pre School: Mrs Papadopoulos & Miss Lane.

Pre School Support: Mrs Iannuzzelli.

KL: Mrs Narayan

KR: Miss Reid

KD: Miss Dunn

KG: Mrs Lloyd

1S: Mrs St John

1K: Miss Shepard

1/2B: Miss Bejanian

2O: Miss O’Connell

3G: Miss Gane

3M: Mrs MacLennan

3/4S: Mrs Sutherland

4J: Mr Johns (Mr Becker until Mr Johns returns)

5H: Miss Hulm
5/6T: Mr Tribe
6W: Miss Fawad

Support Programs

Library / Extension / RFF (K-2): Mr Sterling
Reading Recovery / K-2 Intervention: Mrs Blazey
Intensive Interventions: Mrs Holloway.
Stephanie Alexander (3-6 RFF) – Miss Sukkar
ESL: Miss Andrews
LaST: Mrs Plowman
Data and Intervention: Mrs Barratt
3-6 Intervention: Miss Lutton
3-6 Intervention: Mrs Meares
Support: Mrs Ahmed
Best Start support: Mrs Tanner

Stage Supervision

Pre School: Miss Davies
Kindergarten: Mrs Blazey
Stage One: Mrs Plowman
Stage Two Mr Sterling
Stage Three: Miss Andrews

SCHOOL ASSEMBLIES

There are two assemblies held throughout the week. The K-2 assembly is held on Thursday at 12.30pm and Years 3-6 assembly will be held at 2pm each Friday afternoon. Parents are welcome to attend.

Please note that there will be no assembly this week. Assemblies will begin in Week 2.

HOT WEATHER

To ensure the health and safety of all students during hot weather, hats need to be worn at all times in the playground. If students are not wearing a hat they will be asked to play under the shelter. It is advisable that all students bring a drink bottle to school with them and drink plenty of water during the day.

CAR PARK

The school car park is for staff only. Parents are not permitted to park in the school car park at any time.

LIFE EDUCATION

As part of our PDHPE syllabus students have the opportunity to participate in the Life Education program. This is a great program designed to educate your child health, drug and alcohol awareness. This year the mobile van will be visiting our school. Your child’s teacher will be attending the lesson. The lesson is taught in accordance with the year your child is in.

A note will be issued soon outlining the lesson topics and contents. A timetable for class visits will be included in the letter.

ANAPHYLAXIS INFORMATION

If your child is diagnosed at risk of a severe allergic reaction, particularly anaphylaxis, the Anaphylaxis Procedures contain
information for schools and parents designed to minimize the risk to students. If your child has an allergy it is important to let us know.

CANTEEN

During the holidays our canteen has been upgraded. The work is due for completion at the end of this week. The canteen is not operational this week. Lunch orders will be taken, before school this week. No morning or recess trade is available.

PRE SCHOOL VACANCIES

Places are still available in the Pre School for 2015. Please contact the office for further information.

Belinda Davies
Principal

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**The simplest way to protect your face, neck and ears!**

Did you know that when it comes to sun protection, not all hats are equal?

We all know that hats help protect against skin cancer and eye damage. But did you know that baseball caps do not provide adequate protection? There is now very clear evidence that baseball caps leave the cheeks, ears, chin and back of the neck exposed to ultraviolet radiation, increasing your child’s risk of skin cancer later in life.

**Bucket hat**

Bucket or surfer-style hats should have a deep crown and sit low on the head. The angled brim should be at least 5cm for children (6cm for adults) and shade the face, ears and back of neck.

**Broad brimmed hat**

Brim should be at around 6cm for children (7.5cm for adults). The brim should be proportional to the size of the child’s head and provide shade for the whole face.

**Legionnaire hat**

Legionnaire-style hats should have a flap that covers the neck. The side flap and front peak (brim) should meet to protect the sides of the face.

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For more information visit [www.sunsmartnsw.com.au](http://www.sunsmartnsw.com.au)
The simplest way
...to food shop on a budget

Here are our 5 top tips for saving money at the checkout:

1. Create a weekly menu plan

2. Write a shopping list according to the menu plan + stick to it!

3. Compare unit pricing - often you will be able to save a lot of money this way

4. Buy fruit and vegetables that are in season - this can save you up to 35% than other times of the year - or buy canned/frozen where fresh is not available

5. Limit your purchases of processed snacks/meals - these are often unhealthy and expensive

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.